

Fynn - Lark News

MAY 2024



SAVE THE PARISH – NATIONAL CAMPAIGN

WITH PARTICULAR FOCUS ON PLAYFORD AND LITTLE BEALINGS

Over the last few years concern about the future of Anglican parishes, particularly the ministerial and financial future has been steadily rising.

There is within the human soul a general desire to be seen as an individual as well as part of a community and the parish system was designed to meet these two needs.

In an article on the Save the Parish website about Megaparishes* it says:

“The reason for the creation of the parish was to ensure real local ministry, where the people were. That is its whole reason for existence: the importance of the sacraments and pastoral care where people live.”

That direct, personal cure of souls in the merging of parishes and centralising of ministry is denied in a mega-parish and goes against the whole history of Christianity.....e.g. mega-parishes and hubs discriminate against the poor, the disabled and the elderly who must travel distances to worship. The provision of Sunday transport is low or non-existent in many areas and travel costs money, therefore these policies tell such people that they do not matter.”

**Magazine for the Parishes of Great & Little
Bealings, Playford and Culpho**

So, the current trend towards fewer and fewer ministerial posts and the ever-increasing burden of the Parish Share (the sum that must be paid towards the Diocese each year) needs to be resisted and challenged at a national level so that the Church Commissioners will once again truly value and support the church at grassroots level.

By contrast we have seen the huge difference that enthusiastic local ministry can make when someone like Rev Gary Jones is in post as the local vicar! There are now 4 monthly services (two at Playford, two at All Saints Little Bealings), links with Lightwave and a great deal of dedicated pastoral visiting.

Our local parish churches remain an important geographical, historical and spiritual presence in the community: they are both visible and accessible: they do not disappear when your internet goes down! They testify silently to the love of Christ.

Please support us if you can: all three churches in the Kesgrave Benefice subscribe to the Parish Giving Scheme where regular or one-off gifts can be made and of course donations are welcome at any of the services.

If you have any queries, please contact me on 07807 984589

Sally Wainman

Lay Minister for Kesgrave Benefice

**<https://www.savetheparish.com/help-for-parishes/problems-with-megaparishes/>*



St Mary's, Playford

All Saints, Little Bealings



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NEWS & GENERAL INTEREST

GEORGE BALL

Jo, Jess and Gem, daughters of the late George Ball, would like to thank everyone who came to the Village Hall on the 13th April, to give Dad a send-off. It was so lovely to hear all the stories and memories of Dad.

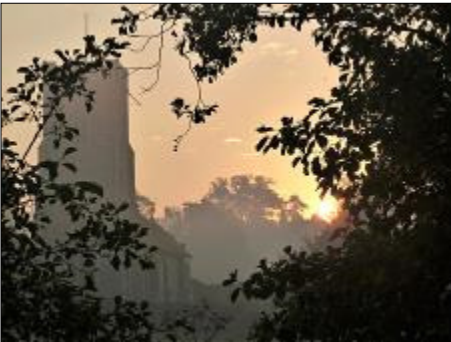
Thanks to all for the support and kindness we have received at this difficult time. Particular thanks go to the ladies who served the teas, without whom we could not have managed.

A total of £200 was raised for the St. Elizabeth Hospice - marvellous!!

We hope everyone had a good time.

DAWN CHORUS WALK SUNDAY 5TH MAY

FYNN VALLEY WALKS GROUP



Many of you have said how much you enjoyed this walk previously, so it's back for the third year running! To coincide with International Dawn Chorus Day on Sunday 5th May we have planned our

early morning 'Dawn Chorus' walk around Bealings, to enjoy the sights and sounds of the countryside at daybreak.

The dawn chorus begins at least half an hour before sunrise, which is at 5.16 a.m. in Bealings that morning, so we will set off at 4.45 a.m. from the Village Hall car park. The walk is approximately 4 miles long and will take us along riverside meadows to a beautiful country churchyard resplendent with wildflowers, down quiet country lanes and through the densely wooded area known locally for generations as 'Birds Hill', where there is always an abundance of bird life to be seen and heard.

The return part of the walk takes in sweeping views across the Fynn Valley and we then pass through grassland and fields alongside our two Bealings rivers - The Fynn and The Lark - before returning to our starting point.

Depending on what we see, hear and how long we linger to look at the wildlife on the way round, the walk should finish at approximately 6.30 a.m.

We hope you can join us to once again share the delights of a spring dawn in our lovely Suffolk countryside.

Francis Mutimer

John Wittgreffe

NB If you'd like to come and join us on our weekly Wednesday morning walks, you can find all the details on the All Saints Church website page:

<https://littlebealingschurch.onesuffolk.net/fynn-valley-walks/>



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O! WHY'S THEM LOIGHTS BLUE? SARCOIDOSIS AWARENESS

You might have noticed a strange anomaly in the usual lighting of our village church over the weekend 6-7th April. The floodlighting was **BLUE**. We had been asked by Jo Whight of Boot Street if she could sponsor the church to light up in blue to raise awareness of **Sarcoidosis**.

April was world-wide Sarcoidosis awareness month, and buildings around the UK were lit up in blue during the month to support this event. We lit up Great Bealings Church, on the same nights as St. Edmundsbury Cathedral. Many other buildings across the country joined in. The dates and locations could be seen on Google maps via www.SarcoidosisUK.org.



Shades of Blue - floodlights at St Mary's, Great Bealings, and St Edmundsbury Cathedral

Do you have a charity you support? Would you like to sponsor a coloured light to raise awareness? Great Bealings Church has broken with tradition in going blue. They may be other charities, other options. If you have further ideas on this theme, just contact Norman Porter at the usual address.

St Mary's kindly lit up in blue on the weekend of the 6-7th of April for Sarcoidosis Awareness. Norman has asked me to write a little more about this rare and somewhat unusual disease and how it relates to me.

So, some of you may know me. My name is Jo Whight and I live on Boot Street, we moved in about 18 years ago. I have cardiac sarcoidosis which was diagnosed in the millennium year when I was in my early thirties. At that time very little was known about this disease, and finding a fellow sufferer to share experiences and symptoms was just impossible.

Sarcoidosis is a rare inflammatory immune disease that affects approximately 1 in 10,000 of the population. Most commonly it affects the lungs and lymph nodes but can affect any organ of the body. In 60% of cases the disease will clear within a few months or years. However, for the remaining 40% the condition becomes more chronic. For these people, and those that are newly diagnosed, finding good quality information and support can be difficult, as at this time the exact cause of this disease is unknown.

The diagnostic pathway can be difficult and convoluted. The treatment pathway is limited with no known cure. The symptoms can be mild or conversely, severe and variable. Additionally, no one around the patient seems to have heard of the disease or have an understanding of what it might entail. In fact, the bottom line is that it is a disease of the unknowns, at a time when medical miracles are seemingly performed on a regular basis.

In 2016 the SarcoidosisUK charity was looking for a nurse to help them create a telephone helpline for patients to be able to get up to date information and advice, support, and counseling. As a nurse in General Practice, managing chronic disease and with a specialism in respiratory disorders (and more importantly, at that time 15 years' experience of negotiating the health system). I of course leapt at the chance to be instrumental in setting up this groundbreaking service.

At that time, the charity consisted of three people, a part time chairman, an executive and myself working a few hours a week around my NHS hours. 8 years on, we have 3 nurses working part-time on the helpline, all with experience of the disease, 3 full time office-based people, who promote the charity, fund raise, organize educational sessions for patients, fund research, co-ordinate regional support groups and a myriad other charity related activities. We also run an information packed website and associated Facebook groups with international membership.

In 2020 I was part of the team that authored the British Thoracic Society's Clinical Statement on Sarcoidosis. A groundbreaking article that set standards for diagnosis and care in the UK.

Last year for Sarcoidosis Awareness month the charity was involved with the RCGP in the creation of an educational CPD module for GP's that is easy for them to access. I was part of the peer review team for this module and am currently involved in a PhD research project over at Addenbrookes.

In addition to this I do the odd educational session for interested people and run the

local Sarcoidosis East Anglia Support group with my colleague, Rachel. We meet regularly in Ipswich and Norwich and are currently investigating a Cambridge venue to cover the rest of the region.

The purpose of Sarcoidosis awareness month is really just to get the name out there so that sufferers can feel more supported by people around them, and to raise the profile of the charity generally. This year many national landmarks will be lighting up blue during the month of April in support.

We all hope that it will lead to more people being able to say "Sarcoidosis? I have heard of that."

If you require any further information please do not hesitate to get in touch or, access www.sarcoidosisuk.org.

NATURE NOTES

– SEEDS

Seeds are microcosms of new life, so often dry and shrivelled, in no way betraying the secret which they contain within. New life. Spring-time is when our thoughts, particularly if we are gardeners, turn to seeds. As the days lengthen, and the temperature warms, we begin to think of what we might plant. Almost inevitably we'll go for the old, well-tried favourites: carrots, lettuce, beetroots, parsnips, perpetual spinach, potatoes (if we have the space), something from the cabbage range, maybe a few radishes, cress etc. What new varieties might I try this year? Exotic-looking peppers, chilli, aubergine, celeriac, possibly? Plants our grandparents would hardly have heard of.

This is the time of year when Garden Centres put out alluring arrays and racks of packets: seeds for delicious-looking, mouth-watering vegetables, for cascades



of perfect brightly-coloured flowers, any of which look fit for Chelsea – judging by the picture on the packet, at least. Some of the seeds are tiny, dwarfed by the size of the pack they are in. They huddle for mutual protection in one of the bottom corners, and can easily get lost. Others, the full range of beans, say, are slightly larger. But they are still all much smaller than the plant we hope they will become. Seeds now tend to be rather expensive. The commercial side of the gardening industry has a way of making us all think that we have in our grasp the potential to turn our own little patch into a modern Garden of Eden.

Nature disperses its own seeds: chestnuts, acorns, pinecones, sycamore whirligigs, gossamer-light, fluttering dandelion seeds – no human intervention needed. Nature itself has ways of scattering these seeds productively: wind-

winged, squirrel-borne. Lyrical tradition has it that the thoughts of humankind too, at this time of year, turn to thoughts of love.

Many seeds are so microscopic, so minuscule compared with what they can grow into. The concept of the seed borders on the miraculous, does it not? So many of them are wasted, falling on stony ground. So many of them are nutritious, and are eaten. But those that remain are the guarantors and vectors of new life. Let's make the best of our seeds this new growing season, treasure what they represent - and good luck, gardeners, in 2024.

HISTORY CORNER

A couple of months ago we carried a feature written by Roger Romney-Brown about Churchill's Secret Army. Equally relevant, and perhaps similarly buried deep in the memories of our most elderly readers, is the subject of the following item, referring this time to the actions which would have had to be taken by ordinary members of the population in the event of invasion in 1940.

Do read it, as an exercise in imagination. What would WE do, how would WE react if, under the threat of invasion WE suddenly had to recruit from within our own local population, people to play the roles outlined below. Dark clouds lurk over today's world. Are we as safe as we would like to think we are?

PARISH INVASION COMMITTEES-1940

A little past 8.00 p.m. on the 7th September 1940, British Military Units throughout the United Kingdom were alerted with the code name "Cromwell" indicating that the German Invasion of England had begun.

With the implementation of the 'State of Emergency', Parish Invasion Committees were set up through the length and

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breadth of the United Kingdom.

The Invasion Committee was the pinnacle of the village defence scheme; it organised and implemented the scheme, co-ordinating the civil with the military (Home Guard) side.

In the event of the invasion, villages would become isolated and became centres of defence and resistance, autonomous from other nearby villages, thereby sheltering the village population from attack whilst actively attempting to hinder the advancing enemy or occupying invaders (see Suffolk's Secret Army).

Despite being in the 20th century the village defence schemes were surprisingly ancient in style; every item in the village was listed from all available transport down to the amount of teaspoons at the village Rest Centre.

Manpower was also detailed, including specifically named villagers able to dig slit trenches or erect obstructions to delay the advancing enemy soldiers.

The Village Defence scheme made it very clear that every able-bodied villager had a role to play in the defence of their locality, including children as messengers and helpers.

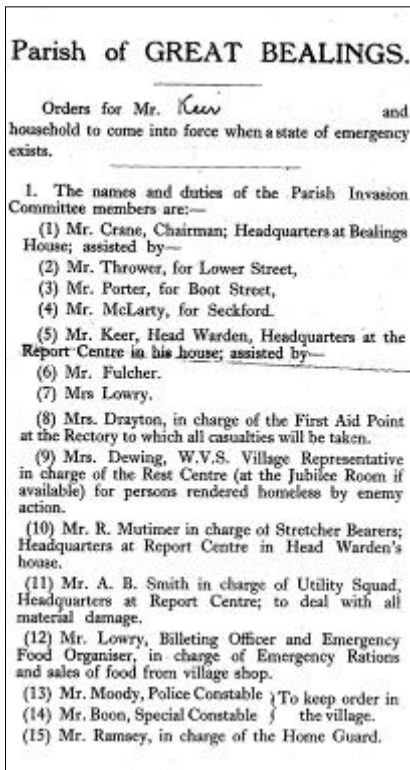
It is very rare nowadays that original documents from WW2 such as the one shown on the following pages, have survived and, for this one to have done, so is extremely fortuitous as it precisely describes how a village readied itself for the imminent invasion by enemy forces in 1940.

The Parish Invasion Committee appointed prominent members of the village of Great Bealings to fill and fulfil the duties laid down by the Government of the time.

Detailed in the leaflet is what every villager must do in the event of the emergency; failure to do so would jeopardise that person's safety together with the safety of the village.

In view of the many rumours that would be flying around perhaps items (e) and (f) would call to a halt 'over the fence' conversations.

Carrying a gas mask and Identity Card were mandatory and only taking orders from the Parish Invasion Committee, member of the Home Guard who knows you, or an Army Officer, having established that he is genuine.



'The Parish of Great Bealings Invasion Committee' leaflet source was Jonathan Keer, the grandson of Raymond Keer - Head Warden of the Invasion Committee.

I would also like to thank Norman Porter, author of the book- '*Walking through History. An illustrated history of Great and Little Bealings*' for his help in sourcing the Parish Invasion Leaflet.

Roger Romney Brow
Copyright 2024.

SUMMER'S COMING

As summer approaches, our thoughts turn to the '*Great Outdoors*' and how we can enjoy it and benefit from it. Croquet

might be the answer. It can be leisurely fun or highly competitive. It can be played by almost anyone, and is recognised as being good for our physical and mental wellbeing.

On Bank Monday, 6th May Ipswich Croquet Club (ICC) will hold the second of this year's Open Days at Bucklesham Road, IP10 0AA. (*///what3words waitress.escorting.landlords.*) The gates will open at 10 AM and close about 4 PM. All will be invited to enjoy a game of croquet and enter various competitions.

National Croquet week runs from 18th to 28th May. Anyone wishing to try their hand and get a taste of the sport should contact Martin Brown at ICC who will be delighted to arrange for you and your family/friends to have a go.

ICC will also have its usual stand at the Suffolk Show on Wednesday 29th and Thursday 30th May. You are invited to learn all about croquet and try your skills at hitting balls through hoops.

For further
information :www.ipswichcroquetclub.
Or Email:
croquetclub.ipswich@gmail.com,
Tel/text: 07780 704 792.

BEALINGS VILLAGE HALL AND PLAYING FIELD NEWS

WORKING PARTY JOHN BELSTEAD PLAYING FIELD

There will be a working party on the Playing Field

Saturday 25th May 9.00 a.m. – 12.00 p.m.

To help spread two tons of topsoil to fill in rabbit holes and tidy up ready for the Village Fete

Please bring wheelbarrow, spade, rake etc.

Email :
keith.beaumont13@btinternet.com

ROOF & DOORS PROJECT

More generous donations from Bealings residents have now brought the total pledged / donated so far to £54,560.

The results of the recent grant applications submitted will be known in the May / June time frame and will hopefully help us reach the target of £95,000.

POP UP PUB

The Pop Up Pub is skipping June so that we can concentrate on the Village Fete on **9th June** – look out for details

We'll then have a

Summer Bar B Que Pop Up Pub

Friday 2nd August 5.30 p.m. - 10.30 p.m.

Food will be served from 6.00 p.m. - until we run out,

With Adnams Ghost Ship on draught.

Look out for the reminder posters around the Villages and updates on the Bealings & Playford Newsgroup.

Volunteers to help are always welcomed !

All profits go towards the New Roof & Doors Project

SNOOKER ROOM

The snooker table has just been refurbished with new felt and is now ready for you to try out your cueing action.

It's only £15.00 for up to 4 hours and can be booked via:

bookings.vh.bealings@btinternet.com

or mobile: 07769 195132

BEALINGS VILLAGE HALL EVENTS – MAY 2024

Monday Pilates with Didi 13th, 20th	19:30 – 20:30	Helen: 07889 907615
Tuesday Pilates 7th, 14th, 28th	09:30 – 10:30	Caroline Boggon: 07850 683196
Wednesday Dance Class 1st, 8th, 15th, 22nd	09:30 – 12:30	Debbie Watkins-Jones: 07711 161522
Wednesday Carpet Bowls 1st, 8th, 15th, 22nd, 29th	14:00 – 16:00	Kathy Price: 01473 621419
Thursday Silver Swans 9th, 16th, 23rd, 30th	10:00—11:00	Lily Turner 07872 436307
Friday Dance Class 3rd, 10th, 17th, 24th	09:30 - 12:15	Debbie Watkins-Jones: 07711 161522
Friday Pilates 3rd, 10th, 17th, 24th	12:30 - 15:15	Kelly Steventon: 07919 377855
Saturday Yoga 4th, 11th, 25th	10:00 – 11:15	Caroline Boggon: 07850 683196

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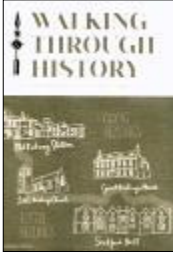
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JOHN BELSTEAD SPORTS COURT *jbpsecretary@bealingsvillagehall.org.uk*
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OR subscribe for the year
Residents Bealings/Playford/Culpho @ £35/family
Non –local residents @ £70/family

WALKING THROUGH HISTORY

320 fully illustrated pages of the History of Little and Great Bealings. 500 copies sold. Not available in book shops. Some copies still available from the author @ £20. Local delivery available.



Contact: Norman Porter

nhp@rillcott.co.uk or 01473 735565.

The book contains much information about the local area, together with details of 5 local walking trails.



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Leah Hinks' Pottery Classes at The Granary

Ever been curious to try out pottery? Artist and experienced potter Leah runs two after-school classes on Wednesdays. The classes take place in her beautiful bright studio, and are perfect for children to explore their creative side.

Leah also offers adult classes on Tuesday evenings.



All classes are all back to normal and if you would like to join, just contact Leah for more details.on 01473 735880.

GREAT BEALINGS

RECTOR

Father Nigel Prior, St Mary's Rectory, 11 Church Street, Woodbridge. 01394 610424

PARISH COUNCIL CLERK

Mrs Dee Knights, Dunure, 39 Avocet Lane, Martlesham Heath, IP5 3SF Ips 624240

PCC SECRETARY

Mr Eric Barnett, Southernhay, Lodge Rd, Great Bealings Ips 738803

GREAT BEALINGS ANNUAL PARISH MEETING

REMINDER

Bealings Village Hall

REMINDER

7.00 p.m. Tuesday 7th May 2024

All residents are welcome to attend and hear of the Council's work over the last year and discuss any issues. There will be a range of topics, including flooding; use of WhatsApp to provide information to residents, especially in relation to emergencies; Speedwatch; and the contribution of the village to the monitoring of the water quality of the River Deben and its tributaries.

We hope that you will be able to join us.

All community groups are also invited to attend and give a report on their activities. Please contact the Clerk before the meeting if you would like to give a report.

Refreshments will be available immediately after the meeting and before the Annual Parish Council Meeting which will follow.

For further information please contact Dee Knights, Clerk

Tel: 01473 624240

greatbealingspc@hotmail.co.uk

ST MARY'S

CHURCHWARDEN'S NOTES

The church year finishes up with a flurry of reports, summarising what has happened in the year gone by. The old year duly summarised, the new church year is then ushered in with the election of Officers for the rest of 2024, and until the next APCM.

This year's Annual Meeting is set to be held on **Tuesday 30th April at 7.00pm in the church**. This is, in fact, a public meeting, so do feel warmly invited to join your PCC, not only in looking back on the year just past, but also in making elections for the year to come.

We are lucky to have enjoyed stable membership of the PCC for some years. This is a real bonus, and the writing of

this column gives an opportunity to thank all members of the PCC for their loyalty and support of a cause we all consider worth fighting for. It is not easy, in this increasingly secular age of ours, but it is surprising how many people, in their different ways, while not necessarily attending church, support the work done by your PCC. Long may that continue. We do, of course, remain on the look-out for others, perhaps moving into the village, who might care to join us.

LOOKING BACK

PCC MEETING – MARCH 26TH

The main points emerging were:

a/ We are very close to possessing our own Card Machine, for collecting money digitally.

b/ Plans for replacing the lantern over the

Keer gate have stalled, as Insurance companies are now involved.

c/ There is forward movement in our efforts to re-organise the space at the back of the church.

d/ We hope to be able to upgrade the cutlery and crockery available for those occasions when refreshments are on offer.

e/ There is a good programme of events lined up for 2024, events which will hopefully be of social and financial benefit to the church.

f/ The Woodbridge Deanery is having to deal with problems of clergy availability. We are lucky, by comparison with some of the more remote villages.

g/ We have drawn up a list of ways in which the church can make a stronger contribution to the “green” agenda. This has, as an end-ambition, the achieving of Gold/Silver/Bronze status with the international Eco Foundation, A-Rocha.

h/ The size of our own congregations remains broadly disheartening, with a few festive exceptions, but we will do our best to remain a significant focus of activities at the heart of the village.

EASTER VIGIL.

A special service took place on Easter Eve, bringing in the choir from Woodbridge, with its new Director, James Davy, the bonfire-making skills of Gary Farmer, plus, of course, the careful planning and deep commitment of our Rector. A roaring bonfire was the source of candle flames, piercing the late March darkness, against the backdrop of readings from memorable biblical passages, including the story of creation, and the creation of lightness and darkness. The symbolic arrival of the light piercing the darkness was greeted with much musical clanging and clanking and blowing of tambourines, whistles and other assorted instruments. Amidst the excitement of the passing of the flame from bonfire to taper, the flowing robes of the Rector did well to avoid incineration.



In our challenged age, with all too much evidence of darkness and shadows, this was an uplifting service, well attended by friends from Woodbridge, joining with families from our own village, and duly rounded off with a fulsome spread of wine and cheese, which generated much late evening conviviality, before people set off home for what was to be an hour's less bed-time, this being the night when the clocks came forward to project us into spring – all very appropriate.

CHURCHYARD

Whatever the time of year, people still seem to find good reason for visiting the churchyard, and for wandering around, enjoying the peace of the place. All the signs of spring have been in place for some time, and the full vigour of early summer growth will soon be in evidence, so - as at any time of the year – take the opportunity to meander around the grassy paths, and take your thoughts on a ramble with you.

BIRD FEEDERS

In response to a Visitors@ Book suggestion the bird feeders were specially stocked up over the Easter weekend. We are still very much open to offers to take on the responsibility for filling up the feeders for one specific month in the year. Make your choice, and get in touch with the churchwarden.

Offers to nhp@rillcott.co.uk

SERVICES FOR MAY

Sunday 5th May.

9.30 a.m. Parish Communion

Sunday 19th May.

10.30 a.m. Morning Prayer

Do check up on the St Mary's, Woodbridge, website for other possible services.

RECTOR'S "SURGERY"

We offer people the chance to invite our Rector into their homes so as to get to know him better, and vice versa. The regular day for this is Monday, either morning coffee or afternoon tea. If you would like to fix a future slot please contact churchwarden, Norman Porter (nhp@rillcott.co.uk), who is i/c the rota, and can offer possible future dates.

*Norman Porter.
Churchwarden
nhp@rillcott.co.uk*

FRIENDS OF GREAT BEALINGS CHURCH

(in partnership with Friends of St Mary's Church, Woodbridge)

PLANT SALE - 27TH April.

This will have been held shortly before the publication of the Magazine. All the signs were that preparations were in full flow, with the prospect of building solidly on last year's successful re-launch after the Covid-enforced break.

Our thanks to all who kindly supported the sale, either on the day, or by producing plants and cakes or, more widely, by buying raffle tickets. No raffle would be possible without the donation of prizes, so grateful thanks too, to all who contributed to a fine range of prizes. Our thanks to Bedfords for sponsoring the publicity signs.

Our Plant Sale really is an event which brings in contributions from across our whole community, so particular thanks too, to Caroline Saunders for energetic

leadership, as to all who supported her by taking on specific tasks.

OPEN GARDENS -Saturday 22nd June

The number of gardens on offer for being opened on Saturday June 22nd is promising. A couple more and we will be able to go ahead, and confirm that the event will take place. Final details and decision will be published in the FLN issue which comes out at the end of May. In the meantime, make sure that the date – Saturday June 22nd – is at least firmly pencilled in your diary.

Do contact nhp@rillcott.co.uk if you would like to participate.

SPECIAL CONCERT – SEPTEMBER 29TH - 4.00 P.M.

The plans are firming up. We have been in contact with friends and family of the late Hon Jill Ganzoni, and we have their firm support for this venture, bringing back Rose Hinton, violinist with the BBC Symphony Orchestra, and her husband Jonathan for a tribute concert. It should be a unique occasion, bringing in people from way beyond the village. Jill discretely spread her energy and philanthropic commitment across the county. We hope to be able to publish details in our mid-summer edition.

CHURCH FLOODLIGHTS

See special news item. We were pleasantly surprised that blue plastic files, attached in a rather amateurish way to the lights, should have produced such an obviously blue effect. Other floodlighting colours invited, for other causes – as long as you can source the appropriately-coloured plastic office wallets!

If you would like the lights to shine forth for personal celebrations/ commemorations please drop a note in to Norman Porter, Rill Cottage, Kiln Lane with payment, explaining why you would like the church floodlit, so that it can be recorded in the FLN, for posterity's benefit. If urgent, a holding email nhp@rillcott.co.uk will do the trick, with payment to follow.

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07731 456133

PCC SECRETARY

Toni Cornish

lbpcsecretary@gmail.com

ACH NEWS & CELEBRATIONS

On 2nd. April the Community Lunch was an extra special occasion. Five years ago, on 1st. April 2019 ROPETH (a company with charitable status No.1181869) finally succeeded in buying the Angela Cobbold Hall on behalf of the community. Many donations, both large and small, contributed by members of the community and beyond, made this possible. A list of all the donors can be seen on the wall in the Hall. Thanks especially to the efforts of Roger Roseboom and for the support and guidance of Birketts Solicitors on the legal matters involved in this purchase.

Since that date the Trustees, both past and present, have masterminded and acquired grants from both local and national sources for a wide variety of improvements. These include upgrades both in the leisure facilities available and the fabric and carbon footprint of the building. These changes included double glazing, solar panels, roof insulation, LED lights and new heaters controlled by Hive. Both the kitchen and the toilets have been renovated and renewed and connection to the main sewer is expected by the end of the year. The provision of a dance mirror, Smart Television, Table Tennis and Snooker Table together with the portable staging, have proved valuable resources on a variety of occasions.

The improvements to the building have been completed by a number of companies, many local, including....Hardings Builders, Wren

Kitchens, Roofline insulation, All Glass double glazing, Solar Edge solar panels, Will Schwer electrician, C.W.Cornish & Son Ltd. drainage & toilet refurbishment, Blue Light Windows: new exterior door; and R. L. Phillips for Bob Tate's memorial bench.

Extra treats at the Celebration Lunch included, a wonderful, iced cake made by Sandra Banham, for the Trustees to cut and everyone to share, accompanied by Prosecco provided by Sandra Banham and Margaret Wilson.

Sandra was also celebrating her birthday



and a birthday cake was presented to her as well. Helen Northover, one of the Trustees, made her special chocolate mousse for dessert and Sally and Tracy Herrington contributed some delicious Easter nests. Tracy also decorated the tables with Spring flowers and placed a basket of flowers on Angela Cobbold's grave in All Saints Churchyard at Little Bealings.



Once more grateful thanks go to everyone who helped to serve and clear away—even taking washing up home!

The generosity and talents of the community and all the ongoing support, have enabled the Angela Cobbold Hall to continue to have a vibrant life, as a welcoming, creative space, where there are a wide variety of activities to support both social, educational and charitable needs.

Events are advertised monthly in the Fynn Lark News and on the Bealings & Playford News website. More information about the history of the Hall is available on the Little Bealings Parish Council Website. For enquiries, bookings etc. and to join the Friends of ACH email list etc. contact ach.ropeth@gmail.com

The next Community Lunch is on **Tuesday 7th May 12.30 p.m.**

Tuna & Mushroom Pasta Bake with garlic bread and salad.

Banana split with chocolate sauce,
Tea/Coffee etc.

Bookings 01473 620213
pandvcarr55@gmail.com

GARDENING CLUB @ ACH

On Wednesday 20th March (the Vernal Equinox!) the gardeners were treated to a miscellany reflecting the changing season and the coming of Spring. A variety of

poems about Spring were recited by Roger Roseboom and members of the audience. Margaret Roseboom presented fascinating and enlightening videos on the big screen, including one by an expert in all varieties of magnificent Magnolias, in his own garden.



Tracy Herrington brought some examples of Springtime flowering plants from Katie's Garden, with advice on planting and ideas for Easter decorations.

Sue Prentice was on hand to share her insight and experience into all matters “garden “. There was also a display of books and pictures illustrating this wonderful Season. As always, refreshments were served and enjoyed by all. Grateful thanks to Margaret Roseboom and all involved in putting together such an informative and enjoyable social occasion.

ALL SAINTS

The church held its Vestry Meeting and Annual Parochial Church Meeting (APCM) on the 20th March 2024.

Mr. Carl Cornish and Mr. Ian Ransome were elected as churchwardens.

Rev. Gary Jones thanked all those

involved in supporting All Saints especially our organist, Jane Hartley and Francis Multimer for keeping the churchyard so splendid.

Mr. Clive Rowe was elected as Deanery Synod representative alongside Mrs. Sally Wainman.

With the church electoral roll now comprising 50 members our 6 PCC members are: Mr. Chris Cheeseman, Mrs. Alison Cheeseman, Mrs. Toni Cornish, Mrs. Anita Jones, Mr. Peter Kidd and Mr. David Price.

At the PCC meeting held directly after the APCM, Mr. Chris Cheeseman was elected Treasurer, Mr. Ian Ransome as assistant treasurer. Mrs. Toni Cornish elected as PCC Secretary and Mrs. Anita Jones continues as Electoral Roll Officer. Mr. Rob Jennings was co-opted onto the PCC.

The PCC embarked on a survey of residents to gather the views of the community to enable plans for the future to be considered for regular, sustainable activities and events.

All Saints Church, Little Bealings café.

A 'soft' launch of the café took place on Wednesday 10th April. It has been re-launched with volunteers offering a selection of cakes and snacks between the hours of 11.00 a.m. to 1.30 p.m. Payment by card only to remove cash handling and initially only opening on a Wednesday. Please watch out for posters and social media announcements. The church is usually also open on Saturdays from 10.00 a.m.-1.00 p.m. with tea and coffees available.

MISSION & MINISTRY

Our Parish Share payment contributes to diocese funds and the payment does enable us to have a dedicated vicar shared with St. Marys Playford. Rev. Gary Jones has been involved with All Saints for 4+ years and has participated in village life so that many of you will recognise him when he travels around our patch. Rev. Gary welcomes interaction with any parishioner who believes they

could benefit from his time.

All Saints continues to have 2 Sunday services per month (2nd and 4th Sunday); Wednesday morning prayer at 10.00 a.m. and services to recognise the Christian calendar.

Being part of the All Saints Kesgrave (ASK) benefice does provide additional resource to assist Rev. Gary in his role.

FINANCIAL PLANNING

As with every home in Little Bealings, All Saints church has to consider its finances and plan for the future. The stewardship drive held in the summer of 2022 provided additional funds especially through the Parish Giving Scheme (PGS) but there is still a shortfall, year on year. Unfortunately, some of our PGS donations have ceased this year thus reducing our regular income by over £1000 p.a. and with increasing costs we face a shortfall of several thousand pounds this year.

Thought – if every home in Little Bealings donated £ 8 month the church would be solvent.

Some parishioners are donating more than that and for their support we are eternally grateful.

The PCC is very grateful to Caroline Saunders and her team for organising the Bealings Plant Sale held on the 27th April. With 50% of the profit coming to All Saints it makes such a difference to be able to consider that income.

The PCC is very aware our village has other demands to consider within the village. The Village Hall is raising funds for its 'Roof and Doors' project and the Fynn Lark News is running on nearly empty.

Considerable effort from fundraisers and generous grants and donations provided funds for the re-purposing of the church, and the village now has a splendid building ready for worship and suitable events. Please visit the church when open to see what has been achieved.

If you can, visit the website

LittleBealingschurch.onesuffolk.net

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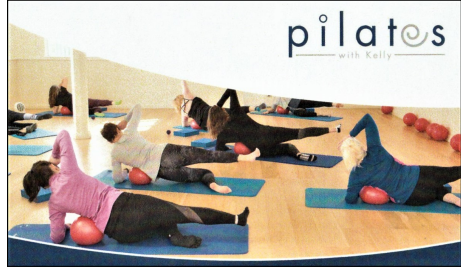
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and view our content. Useful suggestions welcomed. The 'Giving' page helps you to see how you could help us maintain your village church. Do not forget Gift Aid, worth another 25% of any donation. Every Little Helps.

Thank you.

WORD FROM THE STUDY

I have just finished watching the series called The Pilgrimage. A programme that has been on the BBC which follows a group of people from all faiths and none who walk the Pilgrim's Walk in North Wales. All of them come with a sense of tribulation, anticipation and scepticism rolled into one. Some are looking for a nice walk, some to get away from the day-to-day problems of life, none of them comes thinking this journey would change their lives in any way at all. The walk is over mountains and hills and some rugged coastlines, and along the way, they stop at various places of worship which have been stopovers for pilgrims for many centuries as well as seeing some stunning walks and views. As the pilgrimage progresses, people get to know and build up friendship and trust. They start to think, talk and open up about their situations and life's problems, realising one by one that they are not alone in being weighed down with life's day to day problems and pressures, ranging from family issues, marriage problems, some carrying guilt and hurt from past experiences, as well as a multitude of other things. Slowly but surely, as well as talking, they are also learning to let go, because so much in their lives from the past is holding them back.

Very often, we go through life looking through the rear mirror rather than the road ahead.

By the time those on the pilgrimage got to the end of their journey lasting two weeks, not only have they got to know others better, but more importantly, they

have got to know themselves better as well. Taking time out, looking after our inner self as well as our physical body, not only helps us make sense, but helps us in freshening up our minds, taking off the yoke of life. Looking after yourself is important; you are important; everyone is not only unique but a precious child of God who He longs to embrace.

When the pilgrims reached the end of their journey, and they get to their final destination, physically they are tired, but mentally they are in a better place than they were.

If life's everyday journey seems difficult to handle, why not come and spend some time in one of our local Churches? The peace and tranquillity of our places are second to none and offer an escape from life's fast lane. You know, if you look at a tapestry from the back, you will see all bits of thread hanging there and not really doing much and somehow it doesn't make sense. But, when you turn the tapestry around and can see the complete picture, suddenly dark clouds disappear and we once again, see life's beauty in all its fullness.

Through the miracle of Easter, we have a God who has walked this earthly life with us, who identifies with us and as the psalm says, "knows every hair on our head".

"I have come" said Jesus "To give you life, life in all its fullness".

Every Blessing.

Reverend Gary Jones

There is a lovely church in Bealings
Whose vicar speaks out with feelings
He's a very nice man with a very good heart

And knows what to do and say

The sermon is robust

Without any fuss

And captures the mood of the day.

Jackie Ransome

The Angela Cobbold Hall, Little Bealings

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Monday 6th from 1.30 p.m.
(+ every week) **KNIT & NATTER**

Tuesday 7th 12.30 p.m. **COMMUNITY LUNCH**
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Thursday 9th 2.15 - 2.45 p.m. **LIBRARY VAN**

Friday 10th 7.00 p.m. - 10.00 p.m. **SOCIAL FRIDAY**
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Friday 17th from 10.00 a.m. **FOOT CLINIC & COFFEE MORNING**
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Friday 17th 7.30 p.m. **AN EVENING WITH JOHN BETJEMAN**
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Sunday 19th 3.00 - 5.00 p.m. **'TIME FOR TEA'**

Wednesday 22nd 7.30 p.m. **GARDENING CLUB**
Free Entry (donations welcome)

Friday 24th 7.00 p.m. - 10.00 p.m. **SOCIAL FRIDAY**
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Friday 31st 7.15 p.m. **FISH & CHIPS**
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JUNE

Tuesday 7th 12.30 p.m. **COMMUNITY LUNCH**
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Friday 21st **'MIDSUMMER MERRIMENT'**
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lps 738468

PCC SECRETARY

Mrs. Eileen Stennett, Lux Farm, Playford Road, Playford

lps 635236

PLAYFORD PARISH COUNCIL ANNUAL PARISH MEETING

will be held in

PLAYFORD VILLAGE HALL

WEDNESDAY 8TH MAY 2024

COMMENCING AT 6.30 P.M.

This will be followed immediately by

ANNUAL PARISH COUNCIL MEETING

Light refreshments, wine and soft drinks will be served

ALL WELCOME

Marian Hedgley – Clerk to the Council

Tel: 01473 738468

Email: playfordpc@hotmail.co.uk

Website: www.playford.org.uk

PLAYFORD WI



We hope you've enjoyed the new swathe of daffodils by the play area? It's some of the new planting by Playford WI for the council's 'East Suffolk Blooms' initiative to

'champion and enhance our natural environment' for pollinators and people! The scheme was over-subscribed so we were particularly pleased to secure these cheerful bulbs for the village.

Inside we've been busy too... our April meeting included a crafting session to make personalised key rings when we all enjoyed learning new techniques. We were also interested to hear feedback that Suffolk Archives really value village WI records for the insights they give into the county's social history! Other than Parish Council records (and of course publications such as FLN) they are increasingly one of few sources to document interests and events over the

decades - come and help define Playford's legacy!

Our next meeting is 7th May, 7.30 p.m.
playfordwi@gmail.com

GOOD FRIDAY

Playford Church and Lightwave Emerge group were buzzing on Good Friday, making bee cafés with Paul Martin, hunting Easter eggs and completing a Bible story trail!



Lots of families joined in with this celebration of Spring, new life and the hope we find in Jesus.



We enjoyed getting our hands dirty for a good cause, to plant bee-friendly flowers

in our bee café and do our bit to reverse the decline in bee populations. It's great to 'Do something small to be part of something big.'

Thank you to all who provided refreshments, to Paul for his bee expertise and to those who kindly funded the event.

If you would like to find out more about Lightwave's events, groups and family activities in Playford, or our Gardening Club in Bealings School, please get in touch with Ben Wale, 07769183638, ben.wale@cofesuffolk.org

BINKY AND CO.

Binky was at a loose end. His wife, Indigo, was away all weekend visiting her mother. Binky had to fend for himself which he didn't mind at all. But it was Saturday night so he thought he would go down to his favourite pub and have a meal and a few pints, and have a chat with some old pals and go back home to watch a couple of his favourite films.

He went to his shed and pulled out his trusty steed (a 1960's maroon cycle) and started cycling up Rabbit Hill. Once he got there, he dutifully stowed his bicycle in the special cycle rack and looked up at the pub sign "The Suffolk Pothole welcomes you." Yes, I bet it does thought Binky, especially at their prices. He pushed open the door which said Private -No Entry and walked in. The Suffolk Pothole was packed solid, which is more than can be said for the potholes in the roads round about these parts. He went up to the bar. The barman was absent-mindedly polishing a glass. He immediately took no notice of Binky whatever. "Excuse me" said Binky with all the authority of a ten-year-old, "I would like to order a meal and a pint of beer please" "Oh would you now?" said the barman, "And what would you like to order?"

“Well,” said Binky, “I think I would like to try your potluck pie.” “Ah” said the barman, “Our potluck pie (AKA roadkill) is a little rare these days. We have no pheasant, no rabbit, no fox, no badger, no tortoise and no toad, so toad in the hole is definitely off.” “Why are you so short of all of those?” asked Binky. “Well,” said the barman, “As there are so many potholes around here, people are driving more slowly, and the upshot is that they are letting our ingredients plenty of time to cross the road, so we have less to pick up off the roadside.”

“Oh!” said Binky not sure that he quite understood what he was being told. Binky thought he would lighten the moment with one of his jokes. “Well,” said Binky “In this country we used to drive on the left of the roads. Now we drive on what’s left of the roads.” Binky roared with laughter, the barman did not. “That’s nothing” said the man standing next to Binky. “The pothole outside my house is so big I’ve started

fishing in it.” The man and the barman roared with laughter quite extravagantly. Binky changed the subject. “Well what sort of pie do you have?” “Well, we do have surprise pothole pie, with all the trimmings if you want to give it a go.” “Yes, ok sounds great.” The barman pointed to a table where no one else was sitting. “I’ll bring it across.” Binky picked up his pint and walked over to the table which just happened to be adjacent to the door to the toilets. Eventually, his plate of surprise pothole pie was served. It looked good. Binky tucked in. However, he did find it very bony and with quite a lot of spikey bits in it. He complained to the barman. “What is this made of?” demanded Binky. “Hedgehog.” Came the reply. “Then why is it called surprise” asked Binky. “Cos we are surprised anyone orders it,” said the barman. Binky finished his pint and left.

Come home Indigo, Binky thought. It cannot be worse. Or could it?

PLAYFORD CHURCH SERVICES IN MAY.

Sunday 5th May at 10.00 a.m. - Morning Service.

Sunday 19th May at 10.00 a.m. - Family Communion.

Everyone is welcome to any of our services.

Coffee and biscuits after the service.

SAVE THE DATE

Saturday 6th July

Playford Village Summer Party

More details will follow nearer the time

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CULPHO CHURCH AND COMMUNITY NEWS

Without exception I expect there is not a community in Suffolk that does not have a pothole within their highway infrastructure and Culpho is no different. Within our sleepy environment we appear to have adopted a repetitive pothole breeding programme in Farrows Lane. Within a day or so of a pothole appearing several smaller ones have appeared, followed quickly by a whole colony all in plots that have previously been occupied. Thankfully, the vigilant residents have reported this mass population expansion to the relevant authorities who hopefully will soon have the matter resolved!

CulphoMusic welcomed musicians and vocalists to The Ravenscroft Consort on April 6th. The audience was thoroughly entertained to an evening of theatre provided by the team of 8 together with their array of fascinating instruments and enlightening vocals.

Church services for May

22nd May 9.30am Holy Communion

26th May 3.00pm Sung Evensong

Richard Garnham
Churchwarden

CALLING ALL BARN SWALLOWS (*Hirundo Rustica*)

SUMMER DES RES, WAITING



Early April and they are back! Wheeling, circling our skies, twittering, chattering! Relieved their perilous migration from South Africa is over and hopefully not too unhappy that many will have perished, lost to starvation and stormy weather.

Swallows share the same category as swifts, martins and nightjars. This April to October fella is glossy, dark

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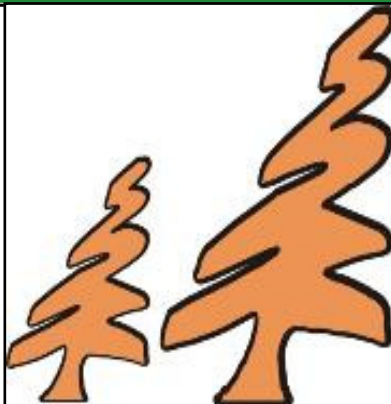
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blue-black and white/creamy tan below, with a dark red forehead and throat and a black band across its chest. It has a very long, deeply forked tail.

You may ask; Why is the swallow tail forked?

And hereby hangs a tale! now the serpent was angry with the swallow. As the swallow flew near him, he seized him by the tail and tore away a little of it. This is why the swallow's tail is forked, and is why man always looks upon the swallow as his friend.

Be that as it may; The barn swallow's deeply forked tail provides exceptional manoeuvrability in flight as it pursues its insect prey, and it is also used in attracting a mate. But that large tail also has disadvantages including increasing the demand on the bird's nutritional intake and may also increase the bird's vulnerability to predators.



With an average life span: 2 years: Length 18cm. Weight 19grms, the barn swallow usually feeds on low flying insects and mainly solitary hunters. As a result, you will often see only a few of these lovely birds swooping low over the water or land to hunt. Also, they are not tied to specific nesting locations but can build mud nests where there is ample prey. Once nesting in caves, they now build their nests in human-made structures such as barns (from which they get their name) and the underside of bridges.

These tiny birds are linked to positive traits such as loyalty and cheerfulness: they also symbolise love, devotion and happiness as well as good luck. Sailors, who spent long periods at sea, adopted the swallow as a talisman of good luck and a harbinger of land and safe end of their voyage.

NEW TO THE VILLAGE?

Great Dealings: For a Welcome Leaflet please contact

Norman Porter on 735565 or nhp@rillcott.co.uk

Little Dealings:

Please see the parish website for information: www.littledealings.onesuffolk.net

Playford:

For Information please see the parish website: www.playford.org.uk

GOOD NEIGHBOUR SCHEME - Services for those with Mobility Problems

This local Scheme is now up and running. If you need help with things like:

- lifts especially to doctors' surgeries and hospital appointments
 - getting prescriptions
 - minor domestic repairs, such as checking smoke alarms and changing light bulbs
 - short term help with pets
- phone 01473 345400 and leave a message – someone will call you back.

For those who need regular transport, the Coastal Accessible Transport Service is a charity which provides lifts. Tel 01728 830516 for details.

BEALINGS AND PLAYFORD NEWSGROUP

To be added to the growing number of residents who receive regular emails about local news, events and services send your email address to:

dealingsplayfordnews@googlemail.com

BUSES

Timetables for the 70 and 70A services serving the local area are available at:

<https://www.suffolkonboard.com>

LOCAL CRIME INFORMATION

The Police Direct scheme sends phone emails with the latest information on local crime, warnings about bogus callers, crime reduction advice and updates from the Safer Neighbourhood Team. Sign up at

<https://www.suffolk.police.uk/contact-us/police-connect-sign>

Report Anti-Social Behaviour call 111 (Police) or 03330162000 (ESC)

NEED TO REPORT A PROBLEM?

Road repairs and Maintenance – potholes, overhanging vegetation, signs, flooding, verge cutting etc – problems should be reported on line at:

<https://highwaysreporting.suffolk.gov.uk/> or by email to:

customer.services@suffolk.gov.uk. or phoning 0345 606 6171 In an emergency contact the police.

Public Rights of Way Footpath **problems** can be reported to Suffolk County Council

www.suffolk.gov.uk

Fly Tipping and Litter: Contact Suffolk Coastal Services on 01394 444000 or email www.eastsuffolk.gov.uk

Please keep this page for future reference, it will only appear if space permits

ACTIVITIES/SERVICES

BEALINGS

VH: Village Hall AS: All Saints ACH: Angela Cobbold Hall

BALLROOM DANCING	VH	Tue	7.30 p.m.	<i>Teresa Jay 07929310480</i>
CARPET BOWLS	VH	Wed	2.00 p.m.	<i>Kathy Price 621419</i>
DANCE CLASS	VH	Wed	9.30 a.m. .	<i>Debbie Watkins-Jones 0711161522</i>
	VH	Fri	9.30 a.m. .	
FYNN VALLEY WALKS	AS	Wed	10.30 a.m.	Walks leave from the church
JOHN BELSTEAD SPORTS COURT				
				Subscribers https://v2.hallmaster.co.uk/Diary/ViewWeeklyDiary/6622
				Non-Subscribers http://bealingsvillagehall.org.uk or Volunteer Administrator:07925 181390
KNIT & NATTER	ACH	Mon	1.30 p.m.4.00 p.m.	<i>Info Contact 01473 623133</i>
LIBRARY	ACH	Thu	2.15 - 2.45(every 4th Thu)	<i>07809594685</i>
PILATES with DID!	VH	Mon	7.30 p.m.	<i>Helen 07889 907615</i>
PILATES	VH	Tue	9.30 a.m.	<i>Caroline Boggon 07850683196</i>
PILATES	VH	Fri	12.30 p.m.	<i>Kelly Steventon 07919377855</i>
READING ROOM	ACH	Sat	10.30-12.30or by arrangement	<i>Info 01473 620213</i> Books for all ages, jigsaw puzzles, DVDs etc to borrow. Drop off for FIND donations.
SNOOKER	VH	Any day	<4 hours	<i>Margaret Wilson 07769195132</i>
SOCIAL EVENING	ACH	Fri	7.00 p.m.	<i>Info 01473 735153</i> Licensed bar, pub games etc. and other events
VILLAGE HALL BOOKING				<i>Margaret Wilson 07769195132</i> : <i>bookings.vh.bealings@btinternet.com</i>
YOGA	VH	Sat	9.30 a.m.	<i>Caroline Boggon 07850683196</i>

PLAYFORD

PH: Parish Hall

ART CLUB	PH	Thu	10.00 a.m.	<i>Mary Spillett 01394 385295</i>
LIBRARY		Thu	1.50 – 2.05 (every 4 weeks)	<i>07809594685</i> mobile library at phone box
MILK		Tue, Thu, Sat		<i>Dairy Crest 747272</i>
NEWSPAPERS				<i>DC Patrick Newsagents 01986 874305</i>
PARISH HALL BOOKING			Book on line:	<i>bookings.playfordvillagehall@gmail.com</i> or contact via voicemail 01473 487215
PILATES	PH	Wed	7.30 p.m. - 8.15 p.m.	<i>Julie Gorevan on 07702 883245</i>
TODDLERS	PH	Fri	9.30 a.m.	toddler group <i>playfordtoddlers@gmail.com</i>
WI	PH	Tue	7.30 p.m.(1st in month)	<i>Sue Bruce 738265</i>

May 2024

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JUNE 2024 NEWS

Contributions for the June 2024 News to be submitted by:

5.00 p.m. Tuesday, 21st May

The news will be ready for distribution by **Saturday, 1st June.**

DISCLAIMER

The views expressed in this magazine are those of the contributors and do not necessarily reflect the views of the Editorial Team.

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Fynn - Lark News

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